



Introduction to Anatomy Course **Cape Town, September 2019**

Module dates: Saturday 28 September (9am to 5pm)
Sunday 29 September (9am to 1pm)

Venue: The Source, Constantia

Course outline:

- Systems of the body
- Basic physiology
- Skeleton and bones
- Muscular system
- Applied anatomy to movement

Course requirements:

- In-class evaluations

Course Fees: R1600

**R800 for Pilates students*

The course fee **includes** the lecture, a pdf copy of the textbook, and a Certificate of Attendance. It is recommended that students purchase their own hardcopy of the textbook *The Concise Book of Muscles* by Chris Jarmey.

Payment is required in full in order to reserve place on the course. Fees are 50% refundable should students cancel 30 days before the course starts. Fees are non-refundable within 30 days of the course commencing.

Banking details: Conscious Movement Education CC
Nedbank
Branch code 101109 (Constantia)
Account 1011139065
SWIFT: NEDSZAJJ (for overseas transfers)



Registration Form
Introduction to Anatomy Course
Cape Town, September 2019

Name

Date of birth

Telephone (h)

(w)

(cell)

Address

Email

Who referred you to Conscious Movement Education?

I, _____, do not hold The Source, Conscious Movement Education, Renee Watson, lecturers, the host studio or heirs liable should I incur injury during this course or incur injury on their studio premises. I agree to the above conditions and those outlined in Appendix A and I confirm that all information provided in Appendix B is true.

Print name (student) _____

Signed _____

Date _____